MALNUTRITION AND NUTRITIONAL SCREENING

TELL US WHAT YOU THINK

What questions should be answered by research

In Partnership with:

MALNUTRITION Task Force
MAG Malnutrition Action Group
Salford Royal NHS Foundation Trust
Wessex Academic Health Science Network
BOA The Association of UK Dietitians
HILS Worcestershire Independent Living Service
WE ARE MACMILLAN, CANCER SUPPORT
BAPEN

In Partnership with:

The University of Manchester
James Lind Alliance
Priority Setting Partnerships
NATIONAL CARE ASSOCIATION
CARE ENGLAND

GPs interested in nutrition group
NUTRITIONAL SCREENING AND MALNUTRITION SURVEY
Setting future research priorities

To complete this survey online go to:
https://manchester.onlinesurveys.ac.uk/jla-malnutrition-survey-2018
If you complete the survey online, please help us obtain more responses by passing this leaflet on. Thank you

WHAT IS MALNUTRITION?
Malnutrition means poor nutrition and is a serious condition which happens when not enough food or too much food is eaten (under or over nutrition).
Nutritional screening means the steps taken in healthcare to identify those who may be at risk of malnutrition, and who may benefit from suitable nutritional support.
For this survey we are interested in under nutrition (when not enough food is eaten) and nutritional screening only.

WHY WE NEED YOU
We are looking for the Top 10 research questions of people who have experience of malnutrition and nutritional screening including adult patients, carers and healthcare professionals. We want ideas and thoughts from people with different experiences and backgrounds.

WHY IS THIS IMPORTANT?
It is important that the research community know where best to target money and research time. Once this information has been collected a meeting will be held to prioritise the identified questions in order of importance.

COMPLETING THIS SURVEY
BY COMPLETING THIS SURVEY YOU WILL BE HELPING US DIRECT RESEARCH IN NUTRITIONAL SCREENING AND MALNUTRITION FOR MANY YEARS TO COME

Please provide information about your own experiences of malnutrition and nutritional screening. We want you to write about what is important to you and to suggest questions that you would like to know the answer to. The team collecting this survey will turn your answers into possible research questions and check that they haven't already been answered.

You will be asked for personal details at the end of this survey. You do not need to provide them if you don't want to. Any personal details you do provide will be kept secure and separately from your survey answers. Your contact details will only be used to invite you to participate in the next phase of this process and let you know about the results.
What questions about nutritional screening and malnutrition would you like to see answered by research? Please use this section to write your unanswered questions or areas that are important to you about malnutrition and nutritional screening. There are categories for: screening and identification of malnutrition; treatment and prevention of malnutrition; any specific areas that should be concentrated on regarding settings or specific groups of adults; and any other questions.

1. There are various ways to screen for and identify malnutrition, such as the MUST tool, BMI, measuring arm circumference. What question(s) would you like to see answered by research about this?

2. There are various ways to treat and prevent malnutrition, such as diet plans, healthy eating advice, support from health care professionals or support in the community. What question(s) would you like to see answered by research about this?

3. Malnutrition can affect people differently depending on the setting or specific adult group they may be part of (e.g., elderly, different ethnic groups, homeless, those in prison, people with mental health issues etc) What question(s) would you like to see answered by research about this?

4. Do you have any other questions that you feel are important but do not fall into the above areas?
SECTION 2

It is important that we know a little about you so we can check that the responses have come from a wide range of people and so that we can understand the questions asked by different groups. We would be grateful if you could answer the following questions

1. Which of the following best describes you?
   - A person living with or previously diagnosed with malnutrition
   - A person who has been screened for malnutrition
   - A carer of family member of someone diagnosed with malnutrition
   - A healthcare professional
   - Other

2. Are you
   - Male
   - Transgender
   - Female
   - Prefer not to say

3. What is your age? .................

4. What is your ethnic group?
   - White British
   - White Irish
   - Black African
   - Mixed white & black African
   - Black Caribbean
   - Mixed white & black Caribbean
   - Asian
   - Arab
   - Prefer not to say
   - Other ..........................................

5. We would like to be able to check that we have received responses from across the UK.
   Please could you tell us whereabouts you live?
   - Scotland
   - Wales
   - Northern Ireland
   - North east
   - North West
   - Yorkshire & The Humber
   - East Midlands
   - West Midlands
   - East of England
   - London
   - South East
   - South West

Thank you for taking the time to complete this survey. Please return to: Dr Sorrel Burden, Jean Mcfarlane Building, University of Manchester, Oxford Road, M13 9PL
Please leave your details below if you would be interested in taking part in the priority setting phase of this work or if you would like to hear about the results. We will treat your information confidentially and keep it secure, you can find more info in our full privacy notice here: https://www.manchester.ac.uk/discover/privacy-information/data-protection/privacy-notices/

Name: ..................................................
Email: ..................................................
Address: ..................................................