

A double diamond anniversary – Kyshtym and Windscale: the nuclear accidents of 1957

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Wakeford

To cite this article before publication: Wakeford, 2017, J. Radiol. Prot., at press:

<https://doi.org/10.1088/1361-6498/aa7e87>

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Editorial

A double diamond anniversary – Kyshtym and Windscale: the nuclear accidents of 1957

Sixty years ago the first nuclear accidents to cause serious radioactive contamination of the environment occurred at two military installations – one in the then USSR closely followed by a second in the UK. The quantities of radionuclides released during these accidents were large enough to require the implementation of countermeasures to limit the consequent doses received by members of the public.

At the Mayak nuclear complex in the Chelyabinsk Province of the Southern Urals of Russia, the cooling system in a highly radioactive liquid waste storage tank failed, which led to overheating of the tank contents. As a consequence, on 29 September 1957, a large chemical explosion occurred in the tank, forming an aerial plume of radioactive material that was blown to the northeast, contaminating an area stretching a substantial distance (~300 km, with a width ~50 km) beyond the Mayak site perimeter to create what became known as the East Urals Radioactive Trace (EURT) [1-8]. Radioactive contamination was sufficiently severe in the worst affected areas of the EURT to necessitate the eventual evacuation of 10,730 people, 1154 within a fortnight of the accident because of high levels of environmental gamma radiation (“groundshine”) from the deposition of relatively short-lived radionuclides (mainly $^{144}\text{Ce}+^{144}\text{Pr}$ and $^{95}\text{Zr}+^{95}\text{Nb}$), and the remainder over the following two years because of the potential for unacceptable intakes of ^{90}Sr in locally sourced foodstuffs. This accident is usually referred to as the “Kyshtym Accident” because the town of Kyshtym is near Mayak, the establishment then being known cryptically as “Chelyabinsk-40” (and later “Chelyabinsk-65”). The primary purpose of Mayak was the extraction of weapons-grade plutonium from uranium fuel that had been irradiated in a nuclear reactor.

Then, less than a fortnight later, at Windscale Works, Sellafield, on the northwest coast of England, a low power annealing operation to release stored Wigner energy from the graphite moderator of an open-circuit air-cooled nuclear reactor (the “Windscale Pile No. 1”) led to a fire in the core of the reactor, which came to be known as the “Windscale Fire” – the accident occurred almost exactly seven years after Windscale Pile No. 1 commenced operations. On 10-11 October 1957, substantial quantities of radioactive materials from the reactor fire were uncontrollably discharged to atmosphere through a 120 m high chimney. During the accident, radiation exposure of the public was assessed to be below the level that warranted the evacuation of communities in the vicinity of Sellafield, but the contamination of pasture by radioiodine was sufficient to require a hastily derived limit of ^{131}I ($t_{1/2} = 8$ days) in milk of $0.1 \mu\text{Ci/L}$ (3.7 kBq/L) to be established, with the objective of restricting doses to the thyroid glands of children to less than 20 rads

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3 (200 mGy). The implementation of this limit resulted in a milk distribution ban
4 eventually covering ~600 farms in an area ~500 km² around Sellafield, with the
5 ban lasting six weeks for farms in the worst affected area [1, 9-12]. Like Mayak,
6 the principal function of Windscale was the production of weapons-grade
7 plutonium.
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10 Arkadii Kruglov [13] describes the Kyshtym Accident thus:

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13 “Of the 20 MCi [740 PBq] of radionuclides contained in the tank, 18 MCi
14 [666 PBq] were deposited within the limits of the [Mayak] production area,
15 and 2 MCi [74 PBq] were dispersed over the area of the Chelyabinsk and
16 Sverdlovsk Districts, known as the East Uralian fallout area of about 1000
17 km². An area of 200 km², including the East-Uralian State Reserve, was
18 declared by a governmental decree as a protected zone. An area of 49.3
19 km² was allotted to the Experimental Research Test Station. The
20 inspection conducted after the accident revealed that about 260,000
21 individuals residing in the contaminated area had received radiation doses
22 exceeding the admissible yearly limit. More than 10,000 residents were
23 moved from the most contaminated sites. More than 5,000 workers who
24 were in the production area were subject to a one-shot exposure as high
25 as 100 rem [1 Sv] within a few hours between the moment of explosion
26 and the beginning of evacuation. In the course of remediation of the
27 accident effects, in 1957-1959, nearly 30 thousand workers of the center,
28 civil engineering builders, and military engineering troops received
29 radiation doses above 25 rem [250 mSv].”
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34 There can be no doubt from this description that the Kyshtym Accident at Mayak
35 in 1957 was indeed serious, but the authorities in the USSR were keen to keep
36 the existence of the accident secret and details only officially emerged from the
37 USSR in 1989 [14]. During the intervening 32 years there was speculation in the
38 West about the accident based on information from exiles and other unofficial
39 sources. Some authors made a broadly correct assessment of the accident (e.g.,
40 Trabalka et al [15]), while others (e.g., Stratton et al [16]) were dismissive of the
41 suggestion that a chemical explosion at Mayak had caused major radioactive
42 contamination in the Southern Urals. In the summer of 1989, a detailed report of
43 the accident appeared in a Russian-language open scientific journal [17] and the
44 USSR formally communicated details of the Kyshtym Accident to the
45 International Atomic Energy Agency (IAEA) [14]. The accident was the subject of
46 a special session at an IAEA international symposium held in Vienna in
47 November 1989, during which four papers covering various aspects of the
48 accident were presented [2]. A description of the Kyshtym Accident was also
49 provided in Annex B of the UNSCEAR 1993 Report [1].
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54 The Kyshtym Accident has been retrospectively rated as Level 6 (“Serious
55 Accident”) on the 1-7 International Nuclear and Radiological Event Scale (INES)
56 [18], although the activities of the released radionuclides, as presented by
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3 Nikipelov et al [14, 17] and in the UNSCEAR 1993 Report [1], strongly suggest
4 that the accident, together with the Chernobyl and Fukushima accidents, should
5 actually be rated as INES Level 7 ("Major Accident").
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8 Doses received by certain non-human biota close to Mayak from shorter-lived
9 radionuclides in the initial period after the accident were high, with the death of
10 pine trees occurring after doses of a few 10 Gy [7], leading to "red forests". Soil
11 invertebrates in the most contaminated areas received doses up to ~100 Gy, and
12 a decrease in numbers of some species was observed [7]. A radioecological
13 reservation within the EURT was established in 1958, and since then data have
14 been gathered on the transport of radionuclides in the environment and the
15 response of the ecosystem to the accident (e.g., see [19, 20]).
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19 In comparison with the extensive epidemiological studies of the population
20 affected by the severe contamination of the Techa River by routine and
21 accidental discharges of highly radioactive liquids from Mayak during 1949-1956,
22 the potential health effects of the Kyshtym Accident have so far been paid little
23 attention in the English-language scientific literature [21]. Nonetheless, it is
24 apparent from several papers published a few years after the Kyshtym Accident
25 was officially acknowledged that investigations into its potential health effects had
26 been conducted during the era of the USSR [22-27]. A cohort of residents from
27 the most contaminated EURT settlements has now been established, and a
28 report has recently been published of work to reconstruct intakes of
29 radionuclides, principally ^{90}Sr , with the intention of calculating internal doses for
30 use in epidemiological studies [28].
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34 In this issue of *Journal of Radiological Protection*, Akleyev et al [29]
35 comprehensively review the work that has been carried out to investigate the
36 various aspects of the Kyshtym Accident: the causes of the accident and the
37 subsequent EURT formation, radiological protection and monitoring,
38 reconstruction of external and internal doses, the health status of the EURT
39 population and their offspring, and studies of the excess risk of cancer mortality
40 and incidence as a result of radiation exposure due to the accident. This is a
41 timely review and demonstrates that much has already been done in Russia in
42 studying the Kyshtym Accident and its effects, and that international collaborative
43 work is underway to extend these studies, which have the potential to enhance
44 our knowledge of, *inter alia*, radioecology and health effects arising from
45 protracted exposure to radiation (in particular, exposure from internally deposited
46 ^{90}Sr).
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51 Although the description of the Kyshtym Accident by Kruglov [13] (see above)
52 suggests that occupational exposures during the emergency and recovery
53 operations were substantial, the findings of any epidemiological studies of
54 workers involved in the accident and its aftermath have yet to be published.
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In contrast to the 1957 accident at Mayak, that at Windscale was examined in detail in the open literature soon after it had occurred (see the literature cited in [1, 9-12]). However, the reporting of the accident was not without its problems. The weapons material ^{210}Po was released during the fire, but although this was reported in some papers published soon after the accident (e.g., [10]), it was not done so consistently in the open literature until the review of Crick and Linsley [12]. The discharge of the weapons material tritium during the accident was not mentioned at all in the open literature until the paper of Crick and Linsley [12], although this release was of minor radiological significance [12]. Substantial efforts were made for the 50th anniversary of the fire to ensure that the quantities and timing of the discharges of radionuclides during the accident, and their subsequent travels, were understood as accurately as possible (see the literature cited in [11]).

The Windscale accident has been retrospectively rated as INES Level 5 (“Accident with Wider Consequences”) [18]. However, in the light of recent revisions of the estimates of the activities of the radionuclides released [30, 31], it is likely that INES Level 6 (“Serious Accident”) is a more appropriate rating, especially if the release of ^{210}Po during the accident is taken into account, which it was not in the original assessment [18]. Any amendment of the INES rating does not, in itself, imply that doses received from the accidental discharge have to be revised upwards since these were largely based on environmental monitoring rather than release estimates [12].

In the immediate aftermath of the Windscale accident a closed inquiry by a committee under the chairmanship of Sir William Penney was established by the UK Atomic Energy Authority (UKAEA), which was responsible for operations at Windscale Works at that time. The Penney Inquiry reported to the Chairman of the UKAEA before the end of October 1957, a remarkably swift response to the accident earlier that month, and the UKAEA (and the UK Ministry of Defence) advised the UK Prime Minister, Harold Macmillan, that the Penny Report could be made public. However, the UK Government was then involved in sensitive negotiations with the US Government to re-establish nuclear cooperation between the two countries. Macmillan found the Penney Report “fascinating” and “prepared with scrupulous honesty and even ruthlessness” [9], but he was of the firm opinion that the report should not be published because its revelations of various shortcomings leading up to the accident could, in his view, jeopardise the prospect of a positive outcome to the UK-US negotiations [9], an outcome that was indeed achieved the following year.

As a consequence, the Penney Report was not made public at the time, but was selectively summarised in a White Paper (“Cmnd. 302”) published in November 1957 [32], which is often referred to, erroneously, as the “Penney Report”. The full report of the Penney Inquiry remained security classified (as “Secret Atomic”), and therefore unavailable to the public, until it was declassified and released in January 1988 (under the “30-year rule”) at the then Public Records Office (now

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3 The National Archives) [33]. Sixty years on from the production of the original
4 Penney Report, it is reproduced in the current issue of *Journal of Radiological*
5 *Protection* as a document of historical interest [34].
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8 It might be thought that the Penney Report was withheld from public gaze partly
9 because of what it said about the health consequences of exposure to the
10 released radioactive materials. In fact, the report states (§100c) [33, 34]: “There
11 has been no immediate damage to the health of any of the public or of the
12 workers at Windscale, and it is most unlikely that any harmful effects will
13 develop.” This conclusion was strongly endorsed by a subsequent report of the
14 UK Medical Research Council, which was included in Cmnd. 302 [32]. As the
15 understanding of the risks of radiation exposure has evolved, this position
16 changed somewhat, such that in 1990 Roger Clarke tentatively suggested [35]
17 that the releases during the fire may eventually cause ~100 fatal cancers (largely
18 lung cancers due to inhalation of ^{210}Po) and ~100 non-fatal stochastic effects
19 (~90 of which would be non-fatal cancers, mainly thyroid cancers resulting from
20 intakes of ^{131}I); these predicted effects would occur throughout England over
21 many years [12, 35].
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26 It is to a high degree unlikely that such numbers of excess adverse health effects
27 potentially arising in the general population as a result of the Windscale Fire
28 could be discerned statistically against fluctuations in background disease levels,
29 but if any effect is to be detected then the most likely candidate is an excess risk
30 of thyroid cancer among those exposed to ^{131}I at a young age. The 1986
31 Chernobyl accident released ~1000 times more ^{131}I than the Windscale accident,
32 and there is a clear excess risk of thyroid cancer among those living near
33 Chernobyl who as young children received high thyroid doses (>1 Gy) as a result
34 of drinking milk heavily contaminated with radioiodine [36]. However, the
35 substantially lower level of discharge of ^{131}I at Windscale together with the local
36 milk distribution ban led to much smaller thyroid doses as a consequence of the
37 fire than those experienced by children around Chernobyl [12]. A preliminary
38 investigation of thyroid cancer in northwest England found unusual temporal and
39 geographical patterns of incidence, but the nature of these patterns imply that
40 they are most unlikely to be attributable to the Windscale Fire and that other
41 factors are responsible [37]. The UK Committee on Medical Aspects of Radiation
42 in the Environment (COMARE) has recommended further investigations of
43 thyroid cancer among those born in Cumbria during the 1950s to examine
44 incidence in the group predicted to have the highest risk of thyroid cancer from
45 the accident [38].
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51 Mortality and cancer incidence among the 471 Sellafield workers known to be
52 involved in fighting the fire or in clean-up operations have been studied [39]. The
53 relatively small number of Windscale Fire workers together with the low mean
54 recorded external dose of 6 mSv received during October 1957 compared to the
55 mean lifetime recorded occupational dose from external sources for these
56 workers of 320 mSv leads to low statistical power to detect any effect of the
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3 accident, although it should be borne in mind that other doses (e.g., from intakes
4 of radionuclides) will have been received as a result of the fire. The study did not
5 find evidence of an influence of the fire upon the health of those workers involved
6 in the accident. For example, the rate of cancer mortality (based on 83 deaths)
7 experienced by the Windscale Fire workers in the 50 years following the accident
8 was statistically non-significantly less than that (based on 150 deaths) of 2926
9 workers employed at the Sellafield complex in October 1957 but not directly
10 involved in fighting the fire or in recovery operations. The study shows that any
11 effect of the accident at Windscale upon the health of the workers involved is not
12 discernible.
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16 That the first two nuclear accidents having serious off-site consequences
17 happened within two weeks of each other seems a rather remarkable
18 coincidence, particularly when the next such accident – the Chernobyl accident in
19 1986 – occurred nearly 30 years later. Is this just a fluke or does the closeness in
20 time of these two accidents point to some underlying commonality? Recall that
21 the accidents took place at the first weapons plutonium production installations in
22 the former USSR and the UK, that there was substantial governmental pressure
23 to produce plutonium quickly to build up the nuclear weapons arsenals of these
24 two countries, and that the constituent plants of the two sites had been hastily
25 constructed and were being operated approximately in parallel under conditions
26 that would not be acceptable today [40]. Undoubtedly, in these circumstances, it
27 is not surprising that major problems arose at an early stage in operations at the
28 installations, and continued to do so. Matters were made worse when plants that
29 had fulfilled their original objectives continued to be run for longer than was
30 prudent, and accidents were just waiting to happen [9, 13]. Perhaps it is not too
31 surprising that the two serious accidents occurred ten years after construction of
32 the installations began and when operations had been underway for more than
33 half a decade, by which time luck was running out. Nonetheless, the coincidence
34 of two serious accidents within a fortnight is still pretty extraordinary. Certainly,
35 the operational and regulatory structure of the nuclear industry in the UK
36 changed substantially in the wake of the Windscale Fire [9], and it would seem
37 that safety at nuclear installations in the former USSR improved in the late-1950s
38 [13], presumably at least partly due to the Kyshtym Accident. Unfortunately, the
39 lessons learnt from these early accidents have not prevented major nuclear
40 accidents in later years, the Chernobyl and Fukushima accidents being notable
41 examples [41], illustrating the need for constant vigilance to counter the beguiling
42 influence of familiarity and consequent complacency about safety. As George
43 Santayana wisely noted, “Those who cannot remember the past are condemned
44 to repeat it.” [42].
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